

Basic Detail Report

Title Interview with MaryBeth Overbaugh

Date 7 October 2025

Medium born digital audio file

Description (a) Audio file of interview with MaryBeth Overbaugh. She was interviewed by Maria McCauley October 7, 2025 in Windsor, Connecticut. (b)

Photograph of MaryBeth Overbaugh provided at her interview. MaryBeth

Overbaugh was interviewed as part of the Connecticut Museum of Culture and History's Community History Project discussing moments of change in her life.

In this interview, MaryBeth discusses her moment of change, which was going back to school to get her Master's Degree in Special Education as a 38-year-old mother of 2. She was motivated to do this in order to grow professionally and be able to work at a public school. She thought going back to school would be very difficult for someone in her situation, but she was able to do so with the help of financial aid and online classes. MaryBeth talks about how motherhood made her lose some of her individualism. She found it again by going to school and enrolling in Zumba classes. In order to maintain a good work-life balance while in school, MaryBeth had to practice time management. Her husband had to help more by taking care of the kids while she completed schoolwork. After earning her Master's degree, MaryBeth's income increased. This allowed the family afford nicer cars and do more fun things. MaryBeth also regained a sense of purpose and passion. MaryBeth wishes she had gone back to school sooner and encourages others to just take the leap.

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Dimensions Duration: 41 Minutes, 16 Seconds