

Basic Detail Report

Title Interview with Charaxes Blackfire

Date 24 July 2025

Medium born digital audio file

Description Audio file of interview with Charaxes Blackfire. They were interviewed by Keara Lyons on 24 July 2025 in Fairfield, Connecticut. Charaxes Blackfire was interviewed as part of the Connecticut Museum of Culture and History's Community History Project discussing moments of change in their life.

In this interview Charaxes Blackfire reflects on profound personal transformation, the nuances of healing, and the impact of chosen family. Now engaged to a long-time best friend and working as a retail sales lead, Charaxes balances adult responsibilities with emotional recovery following the deaths of their grandmother and uncle, both significant familial figures. These losses, compounded by ongoing stress about housing and financial stability, have made recent years deeply transitional. Charaxes' story centers around a pivotal shift that occurred in early adulthood during a mental health crisis. After experiencing substance use, isolation, and declining mental wellness, they reached a breaking point while hospitalized. That moment of clarity, staring at a blank ceiling in a clinical setting, sparked an inner awakening: they no longer wanted to live that way. Without external pressure or formal long-term programs like AA [Alcoholics Anonymous], Charaxes chose to walk away from destructive habits and begin again. This decision, made independently, became the foundation for their recovery. Describing themselves as resilient, Charaxes

Basic Detail Report

emphasized their capacity to “bounce back” no matter the obstacle. They

now embrace the quiet joys of routine, a supportive partnership, strong sibling

bonds, and a newfound peace in domesticity. Their retail job, while not ideal in

pay, offers them structure, community, and confidence. Yet, anxiety about

further change looms large, “If one more change happens, I’ m going to freak

out,” they quip. Still, they meet uncertainty with humor and honesty,

describing their emotional journey as equal parts beautiful and chaotic. The

conversation also explored their philosophical take on life: the importance of

gratitude, living in the moment, and not allowing past failures or missed dreams

to define self-worth. Drawing inspiration from figures like Carrie Fisher and

family wisdom, Charaxes spoke of healing not as a straight path but a personal

redefinition of success. They voiced hopes of eventually working with

adolescents in mental health or recovery settings, inspired by the empathetic

mentors they encountered in treatment. While further education stands as a

barrier for now, Charaxes remains committed to making a difference, believing

their story might one day help someone else through their own "blip."

Dimensions Duration: 36 Minutes, 46 Seconds