

Basic Detail Report



Title Interview with Becca Atkins

Date 2022 August 5

Primary Maker Rebecca Atkins

Medium born digital audio file

Basic Detail Report

Description (a) Interview with Becca Atkins. Interviewed by Abbie Cowan on

August 5, 2022 at Otis Library, 261 Main Street, Norwich. (b) Photograph of Becca

Atkins taken at her interview. She was interviewed as part of the Connecticut

Historical Society's Community History Project discussing her experience during

the COVID-19 Pandemic. Rebecca Atkins is the Executive Director of ArtReach, a

non-profit organization based in Norwich, Connecticut. ArtReach's main goal is

to provide art services, such as live theater, to people struggling with mental

illnesses. In her interview, she noted the challenges of providing hands-on

activities and services during a time when social distancing was recommended.

Rebecca recalled attempting to modify the services offered in order to provide

adequate services to the organization's members. Becca mentioned her

frustration with the Trump administration's handling of the pandemic, as well

as the Black Lives Matter movement. The first large event she attended after the

start of the pandemic was a Black Lives Matter march. When asked about her

personal mental health, Becca responded that her approach to self-care

changed, and her mental health actually improved during the pandemic.

Dimensions Duration: 1 Hour, 27 Minutes, 39 Seconds