

Basic Detail Report

Title Interview with Tracey Rand

Date 26 October 2025

Medium born digital audio file

Description (a) Audio file of interview with Tracey Rand. She was interviewed by Maria McCauley on October 26, 2025 in Windsor, Connecticut. (b) Photograph of Tracey Rand's son, Benajamin Rand, provided at her interview. Tracey Rand was interviewed as part of the Connecticut Museum of Culture and History's Community History Project discussing moments of change in her life. In this interview, Tracey Rand discussed the passing of her son Ben. He passed away in Windsor, CT from a fentanyl overdose in 2020, at the age of 28. He left behind a 7 month old daughter named Nova. Tracey talks about how this tragedy affected her and her family. Mainly, she describes how she got custody of Nova and her nephew Carter, and her experience raising children again. She talks about her future and everything she missed out on by restarting her family. Tracy highlights the dangers of addiction and how it has impacted her family. She also briefly mentions the stigmatization of addiction and suicide.

Dimensions Duration: 49 Minutes, 57 Seconds