

# Basic Detail Report

## **Title Interview with Becca Atkins**

Date 2022 August 5

Medium born digital audio file

Description (a) Interview with Becca Atkins. Interviewed by Abbie Cowan on August 5, 2022 at Otis Library, 261 Main Street, Norwich. (b) Photograph of Becca Atkins taken at her interview. She was interviewed as part of the Connecticut Historical Society's Community History Project discussing her experience during the COVID-19 Pandemic. Rebecca Atkins is the Executive Director of ArtReach, a non-profit organization based in Norwich, Connecticut. ArtReach's main goal is to provide art services, such as live theater, to people struggling with mental illnesses. In her interview, she noted the challenges of providing hands-on activities and services during a time when social distancing was recommended. Rebecca recalled attempting to modify the services offered in order to provide adequate services to the organization's members. Becca mentioned her frustration with the Trump administration's handling of the pandemic, as well as the Black Lives Matter movement. The first large event she attended after the start of the pandemic was a Black Lives Matter march. When asked about her personal mental health, Becca responded that her approach to self-care changed, and her mental health actually improved during the pandemic.

Dimensions Duration: 1 Hour, 27 Minutes, 39 Seconds