

Title Interview with Tanaya Henry

Date 2022 August 15

Primary Maker Samariya Smith

Medium born digital audio file

## **Basic Detail Report**

Description (a) Interview with Tanaya Henry. Interviewed by Samariya Smith on August 15, 2022 at New Haven Free Public Library. (b) Photograph of Tanaya Henry taken at her interview. She was interviewed as part of the Connecticut Historical Society's Community History Project discussing her experience during the COVID-19 Pandemic. Tanaya recalled hearing about covid for the first time from her mother, who worked at Yale. The first disruptions to her life due to covid were being told not to come into work and a future flight being canceled. As a self-proclaimed germaphobe, Tanaya was already stocked up on supplies like bleach and hand sanitizer when the pandemic hit. Further precautions included having people remove their shoes and outerwear upon entering her home. Tanaya received her reliable information from Yale Hospital. She supported the use of vaccines and masks but understood why African Americans were hesitant to receive the vaccine. She stated that it's "on you" if you don't want to wear a mask, but that people should not make others feel negative because of their choice to wear a mask. She would like the new normal to be one in which people respect other people's choices to get vaccinated or wear masks. Tanaya's mental health benefited from the pandemic. She took on a part-time job and was able to work on outreach for her non-profit, Traveler on a Mission. She restarted hobbies including painting, sewing, and cooking. She described the pandemic as "awkward" and discussed the increase in the number of animals she saw coming out of the woods. Her advice for people living through a future pandemic is to "be prepared."

Dimensions Duration: 23 Minutes, 30 Seconds